

**Please review your Procedure instructions one week before the exam.**

**Frequently encountered questions while prepping for a colonoscopy:**

***My preparation is making me sick: nausea and vomiting, cramping or bloating.*** Unfortunately, this is a common side effect of all colonoscopy preps. The cramping will pass as the prep begins to work and your colon begins to empty. If you have a larger volume prep (MiraLax, Colyte, MoviPrep) you may feel nauseated and full. This will pass as well as the stomach empties. It is better to stop the prep and rest for a while. You can restart the prep when you feel better.

***I vomited my preparation.***

Do not worry. Even though it seems like it, you most likely did not vomit all of your prep. It will most likely begin to work. If you feel that you did not "clean out" well, enemas or additional oral prep can be given at the hospital. Please try to arrive one hour earlier than scheduled.

***It feels like my blood sugar is low.***

Please review your procedure instructions to make sure you followed the directions you were given by your physician about managing diabetic medications. If your blood glucose is low you may take apple or orange juice with some table sugar to raise your blood glucose.

***I feel like I may be coming down with a cold or upper respiratory infection.*** You will need to contact the office at (315) 624-7000.

If you feel that you are not up to taking the preparation, then you can reschedule your procedure.

Please be aware you may be receiving a bill from the physician performing your procedure, a bill from the ambulatory surgery center (Mohawk Valley Endoscopy Center), a bill for the anesthesia and possibly a bill for pathology (polyps and/or tissue samples, etc.). All is subjected to your contract with your insurance carrier.

Your co-payment and/or deductible will be collected on the day of your procedure. You should check with your insurance company as to the amount of your co-pay and/or deductible for a procedure at an out-patient facility. If you have any questions concerning billing or payment policies please contact our billing department at (315) 624-7007, (315) 624-7006, (315) 624-7022.